

Mentor Coaching



CONTACT US FOR UPCOMING PROGRAM DATES | 10 Teleclasses | 7 group, 3 one-on-one

Essential Impact has developed a mentor coaching package to address a new requirement by the International Coach Federation (ICF) for more support, structure, and quality control to mentor coaching.

OUR COACHES HAVE

- Successfully helped hundreds of people through the ICF certification process
- In depth experience evaluating at ACTP accredited programs
- Gained extensive experience as coach supervisors on major corporate projects with internal and external coaches

WE OFFER THE FOLLOWING

- 10 hours of mentor coaching – the ICF requirement for ACC Certification
 - 7 hours in group coaching sessions – maximum of 10 participants in each session
 - 3 hours of one-to-one coaching with written feedback provided from audit sessions
- Mentor Coaches are trained by Essential Impact and are ICF certified
- Mentor coaches have hundreds of hours working with new coaches who are perfecting their coaching skills with goal of becoming ICF certified

Participants in this program will focus on skill development and the specific ICF skills for each ICF competency:

A | Setting the Foundation

- 1 | Meeting Ethical Guidelines and Professional Standards
- 2 | Establishing the Coaching Agreement

B | Co-creating the Relationship

- 3 | Establishing Trust and Intimacy with the Client
- 4 | Coaching Presence

C | Communicating Effectively

- 5 | Active Listening
- 6 | Powerful Questioning
- 7 | Direct Communication

D | Facilitating Learning and Results

- 8 | Creating Awareness
- 9 | Designing Actions
- 10 | Planning and Goal Setting
- 11 | Managing Progress and Accountability

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WHEN | Contact us for upcoming program dates

PRICE | \$1,500 + taxes

CONTACT + REGISTRATION | Sahar Salh
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Confirmation of completion of 60 ICF Approved Coach Specific Training Hours is required.

FEEDBACK FROM MENTOR COACHEES

"I had been exposed to some coach training through another organization but Essential Impact took the training to another level. My coach and I have had a number of 1:1 sessions. She's a fantastic coach and a great mentor! I am currently coaching 4 individuals within MD and I have seen first-hand the benefits of having a coach to those individuals and to our organization."

"Thanks for the (coaching) session today. I want to follow up on what we had discussed. My session with my coachee went well. We talked business first. I then gave him the feedback on his behaviour and how it wasn't appropriate. He gave some excuses, but was polite to the feedback. An hour later he sent an email apology to his team mates. He said he felt badly when he came to say good night on his way out. I reassured him that we are on the right track. Thanks again. This mentor coaching is great and making a real difference."

